

# M&IE Breakdown

## Find M&IE total and breakdown by meal for travel in the continental U.S.

1. Determine the location where you will be working while on official travel.
2. Look up the location-specific information at [www.gsa.gov/perdiem](http://www.gsa.gov/perdiem).
3. On the results page, click Meals & Incidentals (M&IE) Rates to jump to the M&IE rates table.

I'm interested in:

<a href="#">Lodging Rates</a>	<a href="#">Meals &amp; Incidentals (M&amp;IE) Rates</a>	<a href="#">New Search</a>
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4. Find the row for your specific location and note the amount listed for M&IE total, breakfast, lunch, dinner, incidentals, and first and last day of travel.

M&IE Breakdown FY 2022

M&IE Total <sup>1</sup>	Continental Breakfast/ Breakfast <sup>2</sup>	Lunch <sup>2</sup>	Dinner <sup>2</sup>	Incidental Expenses	First & Last Day of Travel <sup>3</sup>
\$59	\$13	\$15	\$26	\$5	\$44.25
\$64	\$14	\$16	\$29	\$5	\$48.00
\$69	\$16	\$17	\$31	\$5	\$51.75
\$74	\$17	\$18	\$34	\$5	\$55.50
\$79	\$18	\$20	\$36	\$5	\$59.25

<sup>1</sup> This column lists the full daily amount federal employees receive for a single calendar day of travel when that day is neither the first nor last day of travel.

M&IE Breakdown FY 2022

<b>M&amp;IE Total<sup>1</sup></b>	<b>Continental Breakfast/ Breakfast<sup>2</sup></b>	<b>Lunch<sup>2</sup></b>	<b>Dinner<sup>2</sup></b>	<b>Incidental Expenses</b>	<b>First &amp; Last Day of Travel<sup>3</sup></b>
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<sup>2</sup> The separate amounts for breakfast, lunch and dinner listed in the chart are provided should you need to deduct any of those meals from your trip voucher. For example, if your trip includes meals that are already paid for by the government (such as through a registration fee for a conference), you will need to deduct those meals from your voucher. Refer to [Section 301-11.18 of the Federal Travel Regulation](#) for specific guidance on deducting these amounts from your per diem reimbursement claims for meals furnished to you by the government. Other organizations may have different rules that apply for their employees; please check with your organization for more assistance.

<sup>3</sup> This column lists the amount federal employees receive for the first and last calendar day of travel. The first and last calendar day of travel is calculated at 75 percent.



## Meals & Incidentals (M&IE) Breakdown <sup>i</sup>



Use this table to find the following information for federal employee travel:

**M&IE Total** - the full daily amount received for a single calendar day of travel when that day is neither the first nor last day of travel.

**Breakfast, lunch, dinner, incidentals** - Separate amounts for meals and incidentals. M&IE Total = Breakfast + Lunch + Dinner + Incidentals. Sometimes meal amounts must be deducted from trip voucher. [See More Information](#)

**First & last day of travel** - amount received on the first and last day of travel and equals 75% of total M&IE.

Filter Results...

Primary Destination <sup>i</sup>	County <sup>i</sup>	M&IE Total	Continental Breakfast/Breakfast	Lunch	Dinner	Incidental Expenses	First & Last Day of Travel <sup>i</sup>
Nashville	Davidson	\$79	\$18	\$20	\$36	\$5	\$59.25

Showing 1 to 1 of 1 entries

### First & Last Day of Travel

This column lists the amount federal employees receive for the first and last calendar day of travel. The first and last calendar day of travel is calculated at 75 percent.